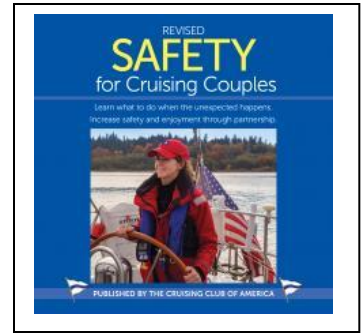


SAFETY FOR CRUISING COUPLES
Both Sailors and Power Boaters
MAY 18, 2024 - 8:30am – 4:00pm
Newport Yacht Club Main Deck



MISSION. The mission of *SAFETY FOR CRUISING COUPLES* is to provide you and crew members the tools and knowledge that will enable you to avoid, and if necessary, handle emergencies and to develop the confidence and competence that will enhance your enjoyment of cruising.

The program is designed to raise the understanding of boat safety and security practices on board. It describes and demonstrates the minimum emergency procedures to learn and practice on your own boats after you complete the course and before an incident occurs.

Do you know what to do if you find yourself suddenly alone on your boat due to a MOB situation or if your partner is unexpectedly incapacitated? The one-day seminar covers a range of essential safety practices, with particular emphasis on completing a safe voyage with a small crew.

A \$25 fee covers the cost of the course booklet, coffee, tea and snacks. Lunch is not provided so bring your own lunch, BYOL. This course is open to all Newport Yacht Club and CCA Members as well as the general boating community in Newport and surrounding areas. Space is limited so sign up early.

Topics include:

- Importance of Teamwork and Confidence Building
- Dealing with Emergencies
- Person Overboard and Recovery Under Sail and Power
- Other Emergencies
- Know Before You Go: GPS, VHF, Using Charts and Chart-plotters
- Navigation and Safety Equipment
- Getting Help DSC Distress Communications
- Preparing Yourself and Your Boat
- Additional Resources and Checklists

For more information on this course go to the CCA website at cruisingclub.org, click on Safety Courses link and then Safety for Cruising Couples and look for these links:

- *Video link:* [Safety for Cruising Couples - The Video | Safety at Sea \(cruisingclub.org\)](#)
- *Podcast link:* [Podcast: Bring Safety for Cruising Couples to your group | Safety at Sea \(cruisingclub.org\)](#)

The Course will be facilitated by Newport Yacht Club and Cruising Club of America (CCA) Members Jonathan Bixby and Steve Berlack. Any questions about the course can be directed to Jonathan at jbixby4082@gmail.com or cell phone 401-742-8918

Course Agenda

Safety for Cruising Couples May 18, 2023

- 8:30-9:00 Registration
- 9:00-9:15 Welcome & Introduction
- 9:15-10:15 Skipper & Crew Partnership
- 10:15-10:30 Break
- 10:30-11:30 Stop the Boat & Know Your Position
- 11:30-12:00 Questions and Discussion
- 12:00-12:45 lunch
- 12:45-1:45 Getting Help
- 1:45-2:00 Break
- 2:00-3:00 Dealing with Emergencies
- 3:00-3:30 Questions and Wrap-up
- 3:30-4:00 Demonstration on the dock recovering MOB for participants interested and staying after the wrap-up.